

The Little Moments Kit

Easy things to make. Small moments to keep.
A gentle invitation to create together.

SMALL PLANS. GOOD MEMORIES.

INSIDE YOUR KIT

6 low-prep craft and play recipes
A little-moments weekly planner
A memory page and cut-out idea cards

Try this first

After a snack, fold one sheet of paper into a card. Each person draws one good thing from today. Add a title together, then tuck it somewhere you will find it tomorrow. Five minutes counts.

PRINT & USE

Print on US Letter (8.5 x 11 inches) at 100% or Actual size. Choose single-sided for writing or cutting. Color is optional; the kit also works in grayscale. Use a pen or pencil. These pages are printable, not fillable forms.

Start with one idea. Adapt it to your time, energy, access needs and the people joining you.

01 / A GENTLE START

Set out a little. Make a little.

You do not need a full craft cupboard or a finished masterpiece. A clear corner of the table is enough.

Your tiny supply basket

Plain paper or clean scrap paper, crayons, washable glue, a cloth for the table, and a place for work to dry. Optional: child-safe scissors. Tearing paper works for every recipe.

Choose the version that fits

These ideas suit many children ages 3+ with an adult nearby. Younger children can choose colors, make marks, or help place large pieces; older children can add writing, patterns, or a story. Follow the supplies' age labels.

A few helpful boundaries

An adult handles any cutting that is too tricky. Use large paper pieces and keep scraps away from children who put things in their mouths. Keep glue out of mouths and eyes; wash hands and clear scraps afterward.

OUR MAKING SPOT**ONE THING WE ALREADY HAVE / ONE THING WE CAN SKIP**

02 / PAPER STORIES

Make something with a story.

Pick one recipe. The suggested times are invitations, not deadlines.

RECIPE 1**Story postcards | about 10 minutes**

You need: paper and crayons.

1. Fold a sheet in half, then tear along the fold.
2. Draw a pretend place on the front of each half.
3. On the back, write or dictate: "Wish you were here because..."
4. Take turns delivering and reading the postcards.

Make it yours: younger makers draw the weather; older makers invent a place name and a tiny travel story.

RECIPE 2**Color-hunt fold book | about 15 minutes**

You need: paper and crayons.

1. Fold a sheet in half, then in half again to make four panels.
2. Choose a different crayon color for each panel.
3. Find one object indoors that matches each color and draw it.
4. Unfold your mini collection and give it a title.

Make it yours: look for shapes instead of colors, or draw from memory from a comfortable seat.

03 / LITTLE WORLDS

Build a world on one page.

Start with large shapes. The story can grow while the glue dries.

RECIPE 3**Paper neighborhood | about 20 minutes**

You need: two sheets of paper, crayons and glue.

1. Tear large rectangles from one sheet for buildings.
2. Arrange them on the other sheet before gluing.
3. Add doors, paths, trees and a favorite meeting spot in crayon.
4. Give each place a name and invent one friendly neighbor.

Make it yours: each person designs one building. Ask, "Where would we all meet for a picnic?"

RECIPE 4**Weather-window collage | about 15 minutes**

You need: paper, crayons and glue.

1. Draw a large window frame with four panes.
2. Color scrap paper in sunny, rainy or snowy colors.
3. Tear and glue large pieces into the panes.
4. Add yourself looking out, then tell today's weather story.

Make it yours: each pane can show a different season, or everyone can draw the weather they wish for.

04 / MAKE, THEN PLAY

Give your paper a job.

Let the making become a little game, a kind gesture, or a reason to laugh.

RECIPE 5**Pretend picnic cafe | about 15 minutes**

You need: paper and crayons.

1. Fold paper into a standing menu.
2. Draw three imaginary foods and give them playful names.
3. Make paper place cards for your guests.
4. Take turns being the host and placing a pretend order.

Make it yours: set the cafe on a table or blanket. No real food is needed; a cloud sandwich is welcome.

RECIPE 6**Kindness coupons | about 10 minutes**

You need: paper and crayons.

1. Fold a sheet into four panels, then tear along the folds.
2. On each coupon, draw one small kind action.
3. Add "For ___" and "From ___" with an adult's help if wanted.
4. Offer a coupon; the receiver can choose whether to use it.

Ideas: pick a story together, draw someone's portrait, or help put crayons away.
Choose acts the maker can comfortably do.

05 / OUR LITTLE-MOMENTS WEEK

Leave room for ordinary days.

Choose two or three moments for the week. Empty boxes are welcome. Repeat a favorite whenever you like.

An example

Tuesday after snack: story postcards, 10 minutes. Use paper from the recycling pile. If everyone is tired: each person makes one crayon mark and says what it could become.

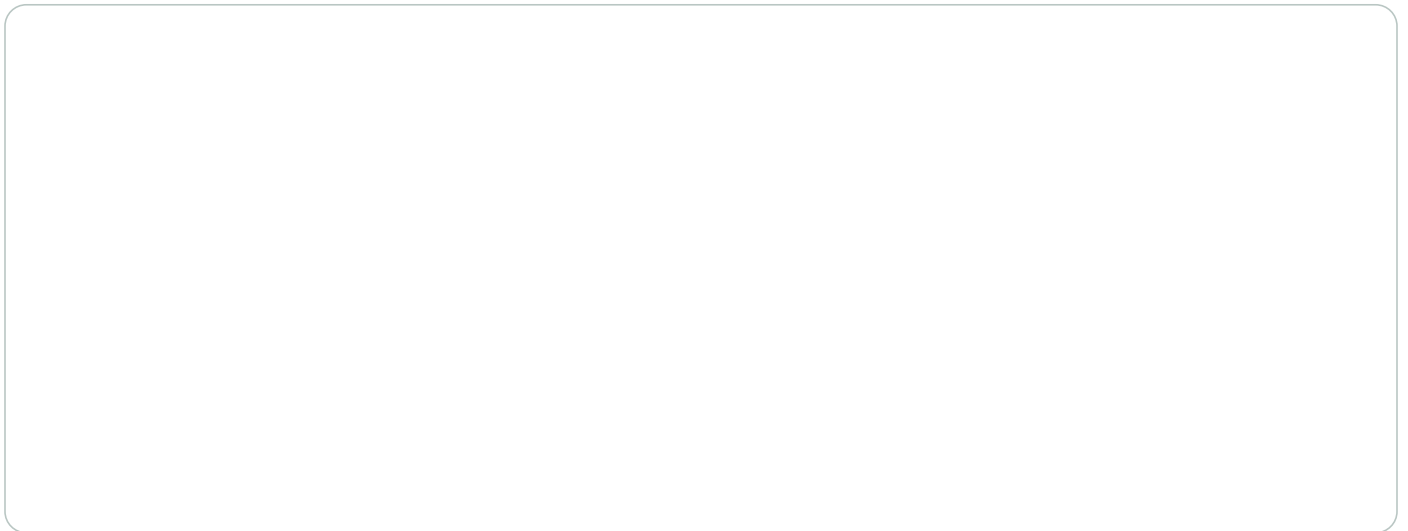
Monday**Tuesday****Wednesday****Thursday****Friday****Saturday****Sunday****OUR EASIEST BACKUP: ONE SHEET, ONE CRAYON, AND...**

06 / A PAGE TO KEEP

This little moment mattered.

Add a drawing, a few words, or a picture you already have. There is no need to record everything.

DATE / WHO JOINED IN

A DRAWING, PHOTO, OR TINY PIECE OF OUR CREATION**SOMEONE SAID...**

ONE SMALL THING I WANT TO REMEMBER

07 / CUT, CHOOSE, REPEAT

A small spark for another day.

Print this page single-sided. An adult can cut along the card edges, or leave the page whole and point to a choice.

Draw a shared creature

Each person adds one feature. Name your new friend and decide where it sleeps.

Send a paper hello

Draw a tiny greeting for someone you know. Deliver it by hand when you can.

Make a sound picture

Listen quietly for one minute. Draw the sounds as lines, shapes or creatures.

Invent a new flower

Draw a flower with surprising petals. Tell someone what it smells like.

Start a silly story

Draw one object. The next person adds something that changes the story.

Create a tiny gallery

Choose three drawings. Give each a title and invite someone on a short tour.

Our own little idea

One to do again
